

April 2023

Healthier, more active people Lifelong learning and skills

Safer, stronger communities



Focus Fixture breaks records

Thanks to fantastic work from our staff, and support from the wider club, we're delighted to announce this year's Focus Fixture was the most successful ever for Wolves Foundation.

With some totals still be finalised we have already hit the £30,000 mark and counting! From the first ever Molineux Mile raising more than £7,000, right through to Wolves Disability FC's game on the pitch at half-time, the day was a brilliant showcase of the club's official charity. Topped off of course with a great performance and wins for the Wolves first-team and disability side!

Julen Lopetegui visits Wolves Foundation

Wolves head coach Julen Lopetegui made the trip down to WV2 ahead of the Focus Fixture, taking in a Premier League Kicks session with 12-18 year-olds.

The visit was also featured on the Match of the Day, as Foundation ambassador Mark Rhodes spoke to Julen, as well as Inclusion & Cohesion Manager Luke Shearing, for a community focus on the BBC. For those that didn't catch the feature, you can watch it here.



It was great to see Julen and Edu so keen to learn about our activities across the city and beyond.



Hodge stressing importance of mental health

With April marking Stress Awareness Month, midfielder Joe Hodge headed down to meet students at the Foundation's Football & Education College Academy to discuss some of his experiences.

At the workshop on stress with City of Wolverhampton College students, Hodge gave some examples of stresses both on and off the pitch. The 20-year-old also shared some of his coping strategies to deal with stress and look after his mental health. You can read more as part of the One Pack Week coverage <u>here.</u>



Staff offer insight into colour vision deficiency

Speaking of One Pack Week, a handful of staff sat down to discuss their experience of colour vision deficiency – including the Foundation's own Will Clowes and Lara Pegg.

It's a topic rarely given a thought by those who are unaffected, but <u>the article here</u> gives a fascinating look into how it can affect daily lives.

It's an excellent read for those who have 10 minutes – a nod to Mark Ridgway too for pulling the interesting piece together!



Keeping Active During Ramadan

Eid Mubarak to all those who celebrated this month! It's been great to see so much club-wide support throughout Ramadan, including the flagship Iftar event, and the Foundation was proud to do our part too.

Staff hosted a one-off Ramadan Football Special at Aldersley from 10pm – 1am. This gave Muslims observing Ramadan chance to break their fast in the evening before the session, helping everyone in our community stay active. With over 20 players coming down to the Foundation Arena, the event was a big success and the Inclusion & Cohesion team are already looking at ways we can offer further support for the period in 2024.



Dawson makes Yatin's dream come true

One of many heart-warming stories to come from the video department in recent weeks (congrats to the team!) it was great to see the conclusion of Yatin's story – watching him walk out as a mascot at the Focus Fixture.

A Year 5 student at Foundation partner school Woodthorne Primary, Yatin's father suddenly passed away in October. With football offering a huge release during a difficult time, Wolves Wishes provided not only his first ever experience of a live match, but a mascot package for Yatin. Craig Dawson was on hand to surprise him in front of his classmates too – another example of the whole club working together to create lifelong memories. You can watch the full video here.





